



The Coaching

Boardroom

Business lessons from sports

A two-day programme to develop corporate leadership skills through the medium of sport

Programme Overview

Sport is the ultimate facilitator. The Coaching Boardroom is an interactive 2 day programme which takes lessons from the world of sport and applies them to a business context. The programme is facilitated by Sports Industry experts with decades experience at the cutting edge of sport.

Delegates will engage in 6 modules focusing a range of topics related to improving performance. These include:

- Performance Mindset
- Situational Management
- Coaching Skills
- Culture and Legacy
- Emotional Intelligence
- Mentoring and Motivating

Contact us for more information: 07771783625 | info@gfinternationalsolutions

Profile: Graeme Foreman - Graeme works in the world of Performance psychology, coaching, mentoring, lifestyle and psychology and has over 25 years' experience in Business, Education and Sport. He has extensive expertise in people development, talent identification and performance enhancement.

Graeme started his pathway as a talented tennis player who followed his dream on a scholarship to the USA. A former world ranked player who continues to have an impact within British Tennis as County Captain, Coach and player.

